



## Collaboration for Medical Supplementation of Micronutrients

Newsletter July 2023

Dear members of the round table and interested parties,

We are now halfway into 2023, so it is high time for a second newsletter.

Over the past months we have been very busy with setting up a website, which will be launched on September 10<sup>th</sup>! On top of that, we have had many discussions about how we want to bring the patient and their experience more into focus in our group. We are making efforts to make our group more accessible, for example by offering our website in both English and Dutch. On top of that, we will be directing our attention and efforts more towards the patient experience. We hope that this 'bottom-up' approach will lead to more impactful changes in mindset and legislation down the road.

For future newsletters, feel free to share news with us or make suggestions. This can be done by replying to this email directly, or by sending us a message through the website!

All the best,

Manfred Eggersdorfer, Reindert Graaff, Chaja Hudepol, Gaston Remmers, Idelette Nutma, and Roland de Wolf

### Website

We are very excited to announce that we will be **launching our website on September 10<sup>th</sup>**! The website will be available at [www.CMSM.nl](http://www.CMSM.nl) in both Dutch and English, and contains literature, documents, and news updates in the field of micronutrients, as well as information on the core group, and our mission of course.

We look forward to using this website as our online business card, and if you wish to forward anyone to our group, feel free to share it too!

### Great news from Angelique de Man

More good news came our way from Angelique de Man, who updated us that her subsidy request was granted by Stichting de Merel! Angelique is an Intensivist at the VUmc, where she also does research related to cardiovascular diseases, sepsis, and specifically vitamin C. Her new research will focus on establishing a method of measuring intracellular vitamin C levels, as a more reliable alternative to plasma levels. This would allow for a more accurate and controlled suppletion in patients.

We will be following her progress with much interest, and wish her good luck with this research!

## Patient stories

In our last newsletter, we talked about our first meeting with 4MedBox. We have since had quite a few meetings to see where we can be of value to each other, and came up with some nice ideas for collaborations. However, we also realised that to start such a project we would need an extensive network of patients and know their experiences. This is something we decided to focus on first.

That's why we have been in contact with the association of people with burn wounds. Together we aim to collect the experiences of (former) patients, and to look at the role that micronutrients played in their recovery. We're planning interviews with them, and from those we hope to create a basis to stimulate the dialogue and patient involvement regarding this topic, so that research can be set up that is in line with the experiential knowledge of patients.

## ESPEN congress

At the 45<sup>th</sup> ESPEN congress this September, special attention will be given to micronutrients. This will be in the form of an open meeting of the special interest group for micronutrients. This news follows the ESPEN micronutrient guideline that was published in 2022. It is encouraging to see that micronutrients are gaining attention. And if you are going to the ESPEN congress, you will also have the opportunity to hear our very own Manfred Eggersdorfer speak!